

Amendments to the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) A complex of comprising plant sterol and egg yolk lipoprotein.
2. (Original) The complex according to Claim 1, wherein the egg yolk lipoprotein is lipoprotein contained in PLA modified egg yolk, decholesterolized egg yolk or PLA modified decholesterolized egg yolk.
3. (Original) The complex according to Claim 1, wherein the component ratio of plant sterol to egg yolk lipoprotein is 5 to 232 parts by mass of plant sterol per 1 part by mass of egg yolk lipoprotein.
4. (Previously Presented) The complex according to Claim 1, which is a dried powder.
5. (Previously Presented) A food product containing the complex according to Claim 1.
6. (Currently Amended) A method for manufacturing ~~the a~~ complex according to ~~Claim 1, wherein comprising plant sterol and egg yolk lipoprotein, the method comprising stirring and mixing the egg yolk lipoprotein and plant sterol are stirred and mixed in a water-~~ based medium.
7. (Original) The method for manufacturing the complex according to Claim 6, wherein 232 parts by mass or less of plant sterol is used per 1 part by mass of egg yolk lipoprotein.
8. (Currently Amended) The method for manufacturing ~~a the~~ complex according to Claim 6, wherein egg yolk liquid is used as the egg yolk lipoprotein.

9. (Currently Amended) The method for manufacturing ~~a~~the complex according to Claim 6, wherein a dilute egg yolk liquid is used as the egg yolk lipoprotein.

10. (Currently Amended) The method for manufacturing ~~a~~the complex according to Claim 8, wherein 185 parts by mass or less of plant sterol is used per 1 part by mass of egg yolk solids.

11. (Currently Amended) The method for manufacturing ~~a~~the complex according to Claim 6, wherein the mean grain size of the plant sterol is 50 μm or less.

12. (New) A processed egg product containing the complex according to Claim 1.

13. (New) A drink containing the complex according to Claim 1.

14. (New) A seafood product containing the complex according to Claim 1.

15. (New) A processed meat product containing the complex according to Claim 1.

16. (New) A condiment containing the complex according to Claim 1.

17. (New) A confection containing the complex according to Claim 1.

18. (New) A noodle containing the complex according to Claim 1.

19. (New) An ice cream containing the complex according to Claim 1.

20. (New) The complex according to Claim 1, wherein the plant sterol comprises β -sitosterol, stigmasterol, campesterol, brassicasterol, plant stanol or mixtures thereof.

21. (New) The complex according to Claim 1, wherein the complex is dispersed in a water-based medium.

22. (New) The method for manufacturing the complex according to Claim 9, wherein the stirring and mixing of the dilute egg yolk liquid and the plant sterol is conducted at a temperature of from about 45°C to about 55°C.

23. (New) The complex according to Claim 1, wherein the plant sterol is used in the form of flakes or powder during production of the complex.

24. (New) The complex according to Claim 1, wherein the egg yolk lipoprotein covers the plant sterol.

25. (New) The method for manufacturing the complex according to Claim 6, wherein the plant sterol is stirred and mixed in the form of flakes or powder.